

API Chaya

Website	http://apichaya.org
Phone	Help line: 1-877-922-4292 or (206) 325-0325; office line: (206) 467-9976
Address	PO Box 14047 Seattle
Hours	Mon. – Fri. 9 a.m. – 5 p.m.
Description	<i>Support groups multiple times per year for survivors of sexual abuse/assault and human trafficking. API Chaya Survivor Support Services recognizes the diversity of experiences in Asian, South Asian, and Pacific Islander communities and strives to work with each individual within their own cultural context. Offers information, helps survivors explore options in a confidential and supportive environment. Services are free. Assists with resources, referrals for housing, legal, immigration, mental health, food, financial, safety planning, confidential helpline toll-free 1-877-922-4292.</i>
Temporary COVID-19 Restrictions	<i>Due to COVID, API Chaya is operating remotely during the COVID-19 pandemic. Helpline 1-877-922-4292 or (206) 325-0325; and office line (206) 467-9976 are still active, though callers may experience longer-than-usual wait times, or no “ring-tone” when dialing. Please stay on the line - it may take longer than usual to connect. To email us, send a message to info@apichaya.org and we will get back to you as soon as possible.</i>

Asian Counseling and Referral Service

Website	http://acrs.org
Phone	Main office: (206) 695-7600
Address	3639 Martin Luther King Jr. Way S
Hours	Mon. – Fri. by appointment only, 9 a.m. – 4 p.m.
Description	<i>Services and programs for the entire Asian American and Pacific Islander community. Aging services for older adults including social club, food pantry, and lunch program. Behavioral health and wellness services include adult mental health, youth mental health, primary care, acupuncture, psychiatric services, substance abuse support, gambling treatment, community resource program, wellness and wisdom program, case management, counseling, and housing assistance. Employment and training programs include supported employment program and the ready to work program. Citizenship and immigration assistance includes legal services. Child and youth development services include Southeast Asian young men's group, teen peer advocate program, job readiness training, substance abuse support, family services, and the Get REAL program.</i>
Temporary COVID-19 Restrictions	<i>Office staff working remotely.</i>

Asian Counseling and Referral Service, Elder Services

Website	http://acrs.org/services/aging-services-for-older-adults
Address	3639 Martin Luther King Jr. Way S
Hours	Club Bamboo: Mon. – Fri. 9 a.m. – 2 p.m. Food pantry: Wed. and Fri., 11:30 a.m. – 1 p.m. Lunch at Duoc Su Temple, Sat., 11:30 a.m. – 1:30 p.m. Lunch at Korean Senior Club, Tues. and Fri., 9:30 a.m. – 1 p.m. Lunch at Seattle Korean Elders Association, Tues. and Fri., 9:30 a.m. – 12:30 p.m. Lunch at Vietnamese Senior Association, Tues. and Fri., 9:30 a.m. – 12:30 p.m.
Description	<i>Senior center, Club Bamboo, open Mon. to Sat., closed Sun. Call (206) 774-2440 for more information. Food pantry for seniors with items specific to Asian American and Pacific Islander diets. Call (206) 695-7510 for more information. Senior lunch program pairing meals with cultural and social activities. Various locations across Seattle. Call (206) 695-7510 for more</i>

information. Case management services for elders and adults with disabilities. Call (206) 695-7595 for more information. Home care aide training program that specializes in limited-English care providers. Contact (206) 774-2420 for more information.

Temporary COVID-19 Restrictions |

Ballard Food Bank

Website | <http://ballardfoodbank.org>

Phone | (206) 789-7800

Address | 5130 Leary Ave. NW Seattle

Hours | Food Bank: Mon., 2 - 6 p.m. Tues., 11 a.m. - 4 p.m. Wed., noon - 4 p.m. Thurs., 2 - 6 p.m. Fri.- Sun., closed. Check-in Mon. and Thurs. 11:30 a.m., noon, and 12:30 p.m., lobby opens 1 p.m. Check-in Tues. and Wed. 8:30, 9, and 9:30 a.m., lobby opens 10 a.m. Must arrive 15 minutes before closing.

Description | *Food bank styled like grocery store. Clients must register to use food bank service. Must live in ZIP codes 98117, 98107, 98103, 98199, 98119, 98109, 98177. Non-perishable food bags offered Mon. and Thurs., 6:45 - 7 p.m.; Tues. and Weds. 3:45 - 4 p.m. Also offers grocery home delivery, food assistance for school children, emergency financial assistance, and mailing services.*

Temporary COVID-19 Restrictions | *Drive-thru pick-up; Mon. 2 - 6 p.m., Wed. noon - 4 p.m., Thurs., 2 - 6 p.m. No-cook bags and groceries offered for pick-up at side door of food bank on NW lone Pl. Financial assistance available by phone or email.*

Bethany Community Church

Website | <http://churchbcc.org/greenlake/serve/local-outreach>

Phone | (206) 524-9000

Address | 8023 Green Lake Dr. N

Hours | Food bank: Mon., 6 - 7 p.m.; Community meals: Second and last Mon. each month, 6 - 7 p.m.

Description | *Food bank and hot meals offered Mondays in the Community Life Center (CLC) building. Serves everyone. No fees.*

Temporary COVID-19 Restrictions | *Community meals to-go.*

Blessed Sacrament Food Program

Website | <http://blessed-sacrament.org/outreach>

Phone | (206) 930-6005

Address | 5050 8th Ave. NE

Hours | Sun. meal: noon - 2 p.m. Food bank: Fri., 10:30 a.m. - noon

Description | *Weekly meal, food pantry, and grocery delivery for residents of the nearby area, but all are welcome. Visit in person or call for delivery requirements. To become a regular food bank client, ID and proof of address is required. No fees.*

Temporary COVID-19 Restrictions | *Face masks required. No in-person shopping, groceries for pick-up only.*

Byrd Barr Place

Website	http://byrdbarrplace.org
Phone	(206) 812-4940
Address	420 E Pike St.
Hours	Mon. – Fri., 9 a.m. – 5 p.m.; Food bank: Tues., 11 a.m. – 4 p.m.; Wed., noon – 4 p.m., Thurs., 9 a.m. – 2 p.m.; Home delivery: Call to arrange. Walk-in and phone appointments are allowed.
Description	<i>Food pantry and commodities. Home delivery available only to residents of ZIP codes 98102, 98112 and 98122. May visit once per week. Call for information about home delivery. Documents required: proof of current address. Offers energy assistance and eviction prevention assistance once per program year serving Seattle residents with income at or below 125 percent of the Federal Poverty Level. Available year round, as funding allows. Call for application instructions. No fees.</i>
Temporary COVID-19 Restrictions	<i>No in-person appointments.</i>

Catholic Community Services- Kinship Program

Website	https://ccsww.org/get-help/services-for-seniors-people-with-disabilities/kinship-services/
Phone	206-328-6858
Address	100-23rd Ave S
Hours	8am – 4pm M-F
Description	<i>Kinship program is for families who are raising grandchildren, nieces, nephews, siblings etc. who are in need of assistance navigating resources to help the families become stable . We can assist with applying for TANF, Child Tax Credit, finding medical or mental health services and assistance with applying for medical insurance. We have some financial support services that can help with rent /utilities /clothing /food /hygiene /household items /activities once a year. We also have quarterly legal clinics for those seeking to adopt or obtain guardianship of the child/children. There are also several support groups within the King County area.</i>
Temporary COVID-19 Restrictions	<i>Mask and social distancing when in office and phone calls when appropriate.</i>

Chief Seattle Club

Website	http://chiefseattleclub.org
Phone	(206) 292-6214
Address	410 - 2nd Ave Extension S Seattle
Hours	Drop-in services: Daily, 7 a.m. – 2 p.m.; Breakfast: Daily, 8 – 9:30 a.m.; Lunch: noon – 1 p.m.; Hygiene services: Daily: 7 – 10 a.m.
Description	<i>Native-led agency providing basic needs and a day center, physically and spiritually supporting American Indian and Alaska Native people. Day Center in the Pioneer Square provides food, primary health care, housing assistance, an urban Indian legal clinic, a Native art job training program, as well as frequent outings for members to cultural and community-building events.</i>
Temporary COVID-19 Restrictions	<i>Temporary hours change due to COVID: Mon., Tue., Wed., Thurs., Fri. 7 a.m. – 12 p.m.; Sat., Sun. 7 a.m. – 10 a.m.; Administrative hours: Daily 7 a.m. – 3:30p.m.; Grab-and-go meals are served in front, outside of building; Daily 8 a.m. – 10 a.m.; Housing case managers only available by email and phone Mon. – Fri. 7 a.m. – 3 p.m.; Shower and laundry resources temporarily suspended.</i>

City of Des Moines, Utility Discount Program and Community Services Directory

Website	http://desmoineswa.gov
Phone	(206) 870-7587 (206) 870-6514
Address	21630 11th Ave. S., Suite A Des Moines, WA
Hours	Mon. – Fri., 7 a.m. – 11 a.m.
Description	<i>Utility Discount Program: 25% garbage collection discount, pet and food assistance, and Comcast TV cable discount. Serves residents age 62 and older, or residents who have a permanent, documented disability. Income must be at or below 50 percent of the area median income. Community Services Directory: Website provides phone numbers to reach help in all categories including housing, food, clothing, shelter, child care, transportation, family support, English as a second language (ESL), disability support, employment support, etc. If you don't have computer access, call 211 for information on social service agencies.</i>

Temporary COVID-19 Restrictions |

Community Health Access Program (CHAP) - King County

Website	http://kingcounty.gov/depts/health/locations/health-insurance/access-and-outreach/community-health-access-program.aspx
Phone	1-800-756-5437
Address	Public Health — Seattle & King County; 401 5th Avenue, Suite 1000 Seattle
Hours	Mon. — Fri. 8 a.m. — 5 p.m.
Description	<i>CHAP is a telephone assistance program serving King County residents. Service enrolls people into health insurance, ORCA LIFT transportation, basic food, other public benefit programs. Services are free and confidential. Equal access to health care regardless of income, ethnicity, language, or immigration status. Call for help 1-800-756-5437 or email: chap@kingcounty.gov See brochure online https://www.kingcounty.gov/depts/health/locations/health-insurance/access-and-outreach/~media/depts/health/health-insurance/documents/CHAP-brochure.aspx</i>

Temporary COVID-19 Restrictions |

Crisis Connections

Website	http://crisisconnections.org/king-county-2-1-1
Phone	2-1-1 For assistance within King county: 1 (800) 621-4636
Hours	Mon. - Fri., 8 a.m. – 6 p.m.
Description	<i>Connects people with information on all health and human services in King County, such as housing assistance, help with financial needs, legal assistance, or help finding the nearest food bank, or hot meals. Provides pre-screening for food stamps. Call or submit a message on the 2-1-1 website. No fees.</i>

Temporary COVID-19 Restrictions | *Support setting up vaccination appointments at 1(800)525-0127.*

Des Moines Area Food Bank

Website	http://myfoodbank.org
Phone	(206) 878-2660
Address	22225 Ninth Ave. S, United Methodist Church Des Moines, WA
Hours	Mon., Wed., Fri., 9 – 11:45 a.m.; Third Tue., 6 – 8 p.m.

Description | *Food pantry and commodities. May visit food pantry once per month for full pantry. No limit on bread and produce room Mon.- Fri. 9a.m.- 2p.m. Verify addresses served on website. Visit in person. No fees. Meals programs for kids, check website for information.*

Temporary COVID-19 Restrictions | *Indoor service is slightly modified for safety precautions. During COVID hours 8:30 a.m. - 9:00 a.m. prioritize seniors. Online ordering and pick up available through other website: desmoinesfb.com. Meals for kids are available by take-out M,W,F 8:30-noon*

Doney Coe Pet Clinic

Website | <http://doneycoe.org>

Address | Doney Coe Pet Clinic 2212 Queen Anne Ave. N, #702 Seattle

Hours | 2nd and 4th Saturday of the month from 1 - 4 p.m.

Description | *Provides food bank, supplies, veterinary services and wellness care to the pets of qualifying low income and homeless families.*

Temporary COVID-19 Restrictions | *Due to COVID, Doney Coe Pet Clinic has changed to appointments only. Upcoming clinics will be held at locations that allow for social distancing and implementation of the protocols advised by WSVMA. During this time, clients will be separated from their pets while they are being diagnosed and treated by the veterinarian professionals at Clinic. Communication between client and practitioner will be by telephone or conversations outdoors with distancing. Facial coverings are required at all times, whether outside or inside. Please email info@doneycoe.org for a request for an appointment.*

DSHS Department of Social and Health Services, Central Seattle

Website | <http://dshs.wa.gov>

Phone | (877) 501-2233

Address | 1700 E Cherry St. Seattle

Hours | Mon. - Fri., 8 a.m. - 5 p.m.

Description | *DSHS provides public benefits for food, cash, medical insurance, housing assistance, child support, vocational rehabilitation, adult care, mental health and addiction services, and disability support. Apply in person, or call Customer Service to apply (877) 501-2233; or apply online at washingtonconnection.org. If you are already receiving public assistance, you may be eligible for an Identification/ID card at the cost of production. Ask your DSHS caseworker to fill out form 16-029 "Request for Identicard."*

Temporary COVID-19 Restrictions | *Due to COVID all offices are closed, no walk-ins until further notice. Call Customer Service for assistance or to apply (877) 501-2233 or apply online at washingtonconnection.org.*

DSHS Department of Social and Health Services, Downtown Seattle

Phone	(877) 501-2233
Address	2106 Second Ave. Seattle
Hours	Mon. - Fri., 8 a.m. – 5 p.m.
Description	<i>Provides public benefits for food, cash, medical insurance, housing assistance, child support, vocational rehabilitation, adult care, mental health and addiction services, and disability support. Apply in person, call Customer Service to apply (877) 501-2233; or apply online at washingtonconnection.org If you are already receiving public assistance, you may be eligible for an Identification/ID card at the cost of production. Ask your DSHS caseworker to fill out form 16-029 "Request for Identocard."</i>
Temporary COVID-19 Restrictions	<i>Due to COVID all offices are closed, no walk-ins. Call Customer Service for assistance or to apply (877) 501-2233; or apply online at washingtonconnection.org.</i>

DSHS Department of Social and Health Services, North Seattle

Phone	(877) 501-2233
Address	9600 College Way N Seattle
Hours	Mon. - Fri., 8 a.m. – 5 p.m.
Description	<i>Provides public benefits for food, cash, medical insurance, housing assistance, child support, vocational rehabilitation, adult care, mental health and addiction services, and disability support. Apply in person, call Customer Service to apply (877) 501-2233; or apply online at washingtonconnection.org. If you are already receiving public assistance, you may be eligible for an Identification/ID card at the cost of production. Ask your DSHS caseworker to fill out form 16-029 "Request for Identocard."</i>
Temporary COVID-19 Restrictions	<i>Due to COVID all offices are closed, no walk-ins until further notice. Call Customer Service for assistance or to apply (877) 501-2233 Mon. – Fri., or apply online at washingtonconnection.org.</i>

DSHS Department of Social and Health Services, South Seattle

Phone	(877) 501-2233
Address	3600 S Graham St.
Hours	Mon. - Fri., 8 a.m. – 5 p.m.
Description	<i>Provides public benefits for food, cash, medical insurance, housing assistance, child support, vocational rehabilitation, adult care, mental health and addiction services, and disability support. Apply in person, call Customer Service to apply (877) 501-2233, or apply online at washingtonconnection.org. If you are already receiving public assistance, you may be eligible for an Identification/ID card at the cost of production. Ask your DSHS caseworker to fill out form 16-029 "Request for Identocard."</i>
Temporary COVID-19 Restrictions	<i>Due to COVID all offices are closed, no walk-ins. Call Customer Service for assistance or to apply (877) 501-2233; or apply online at washingtonconnection.org.</i>

El Centro de la Raza

Website	http://elcentrodelaraza.org
Phone	(206) 957-4634 Veterans Specialist: (206) 957-4610
Address	2524 16th Ave. S, Seattle
Hours	Office: Mon. – Thurs., 8:30 a.m. – 5:30 p.m.; Fri., 8:30 a.m. - 5 p.m.; Government Commodities: Fri., 10 a.m. – noon; Seniors Lunch: Tue. – Fri., 11 a.m. – 1 p.m.; ESL classes: Mon., Thurs., 5 – 7:20 p.m. online; Food Bank: Weds. 3:30-6:30 p.m., Thurs., 9 a.m. – noon, 1:30 – 4 p.m.; Fri., 4 p.m. – close
Description	<i>Multi-service center offers ESL classes, a bilingual legal clinic, life skills and job readiness education, child and youth programs, a bilingual child care/preschool program, maternity services, crisis advocacy and homeless prevention. Services for veterans, especially women veterans and veterans of color. Serves veterans of all discharge types. Operates a food pantry, serves everyone, provides a community a meal for adults over 60. Benefits navigator available on site limited hours each week. Call or visit site. No fees. Call for information on additional programs. Photo ID required.</i>
Temporary COVID-19 Restrictions	<i>All services virtually or over the phone with the exception of the food bank and senior meal program. During covid we do not have the zip code restriction for commodities until further notice.</i>

Elizabeth Gregory Home

Website	http://eghseattle.org
Phone	(206) 729-0262
Address	University Lutheran Church 1604 NE 50th St.
Hours	Mon.–Fri., 9 a.m.–4:30 p.m., Sun., 9 a.m.–4:30pm. Breakfast: 9 a.m.; Lunch: noon
Description	<i>Day center with light case management services for anyone 18 and older who identifies as female. Showers, laundry, sleeping room, computer access and mail program. Breakfast, lunch, food to take with you. UDSM (University District Street Medicine.) Weekly clothing giveaway. Call to request interpreter services. No fees. Transitional housing and case management for sober single women 18 and older who are experiencing homelessness. Anyone who identifies as female is welcome. Openings are limited. Please visit day center to apply.</i>
Temporary COVID-19 Restrictions	

FamilyWorks, Greenwood Ave. N

Website	http://familyworksseattle.org
Phone	(206) 694-6727
Address	9501 Greenwood Ave. N Seattle
Hours	General Public: Tues., 3:30 – 6:30 p.m.; Wed., 11 a.m. – 2 p.m.;
Description	<i>Offers a food bank. Wallingford location serves ZIP codes 98103, 98107, 98115 and 98133 (Seattle only). Greenwood location serves 98103, 98115, 98107, 98133, 98117 and 98177. Visit in person. Will serve additional zip code outside of these areas. Documents requested: photo ID and current proof of address. No fees.</i>
Temporary COVID-19 Restrictions	

FamilyWorks, N 45th St.

Website	http://familyworksseattle.org
Phone	(206) 694-6727
Address	1501 N 45th St. Seattle
Hours	Food Bank: Tue., noon – 2 p.m.; Thurs., 3 – 6 p.m.; Fri., 11 a.m. – 1 p.m.;
Description	<i>Offers a food bank. Wallingford location serves ZIP codes 98103, 98107, 98115 and 98133 (Seattle only). Greenwood location serves 98103, 98115, 98107, 98133, 98117 and 98177. If you are outside of these zip codes, they are happy to serve you. Visit in person. Documents not required.</i>
Temporary COVID-19 Restrictions	<i>Practice social distance and participants must wear a mask.</i>

FamilyWorks WIC

Website	http://familyworksseattle.org/family-center/wic
Phone	(206) 263-9438
Address	1501 N 45th St. Seattle
Hours	WIC appointments: available on Thurs.
Description	<i>Nutrition program, food assistance and referrals for pregnant women and new mothers who are at or below 185 percent of the federal poverty level. Call for an appointment. No fees.</i>
Temporary COVID-19 Restrictions	

Highline Area Food Bank

Website	http://highlineareafoodbank.org/need-help
Phone	(206) 433-9900
Address	18300 Fourth Ave. S, Manhattan Community Ctr. Burien, WA
Hours	Tues., 12 p.m. – 2:30 p.m.; Thurs., 10 a.m. – 12:30 p.m.; Second Tues. evening hours, 5:30 – 7 p.m.
Description	<i>Food pantry that clients may visit once per week. Serves residents of the Highline area. Visit in person or call for information about service area. Documents required: photo ID, proof of residence and verification of family size. No fees.</i>
Temporary COVID-19 Restrictions	<i>No documents required.</i>

Hopelink, Redmond

Website	http://hopelink.org/need-help
Phone	(425) 869-6000
Address	8990 154th Ave. NE, Redmond
Hours	All locations Mon. - Fri. 8:30 a.m. – 5 p.m.
Description	<i>Hopelink provides services including housing, transportation, family development, financial assistance, employment programs, adult education, financial literacy training, and food pantries. The non-emergency medical transportation is for King and Snohomish County residents (services covered by Medicaid). Orca cards, gas cards, parking reimbursements also offered. Call at least two days in advance, have your Provider One number, appointment date and time, reason for the appointment, the name, address, phone number of medical facility ready.</i>

Hopelink, Shoreline

- Website | <http://hopelink.org>
Phone | (206) 440-7300; or (800) 923-7433
Address | 17837 Aurora Ave. N, Shoreline
Hours | Lobby hours 9 – 5 Mon. - Fri., Call for food bank hours. All programs are currently remote.
Description | *Services available: Foodbank, emergency financial assistance, English for work classes, employment services, family development, energy assistance program and financial capabilities program. Call for more information. Grocery style Food Bank model. Grocery quantity dependent on household size. Two Food Bank visits per month, Emergency food bags available two times per week. Serves those at or below 185 percent of the Federal Poverty Level. Serves Lake Forest Park and Shoreline residents only. Call for appointment. No fees.*

Temporary COVID-19 Restrictions | *All services are being offered remotely.*

IDIC Filipino Senior & Family Services

- Website | <http://idicseniorcenter.org>
Phone | (206) 587-3735
Address | 7301 Beacon Ave. S, Seattle
Hours | Office: Mon. – Fri., 9 a.m. – 5 p.m.; Food Bank: Fri., 1 – 2 p.m.; Hot Meals: Wed., Fri., 11 a.m. – 1 p.m.
Description | *Filipino organization that provides advocacy in healthcare and social services to underserved elderly, immigrant and vulnerable families. Helps seniors 50 years of age and older apply for benefits, job training, affordable housing, and interpretation. Assistance with immigration, activities such as games and fitness opportunities, hot meals, and a food bank. Also serves adults with disabilities. No required fees. Suggested that you show photo ID or other proof of King County residence, but not required for services. Call for more information.*

Temporary COVID-19 Restrictions | *Everything is by appointment only. Please call for updates.*

Immanuel Community Services

- Website | <http://icsseattle.org>
Phone | (206) 622-1930
Address | 1215 Thomas St. Seattle
Hours | Food Pantry: Mon., 11 a.m. – 1 p.m.; Community lunch: last Sun. of every month at noon; Hygiene Center: Mon. – Fri., 8 a.m. – 2 p.m.; Laundry: Mon. – Fri., 8 – 11:30 a.m.; Showers: Mon. – Fri., 8 a.m. – 1:30 p.m.
Description | *Provides a food bank, community lunch, and a hygiene center with laundry and shower services. Services available to all adults. No children. No fees and no ID requirements of any kind. Sign-up in person on-site. Recovery program shelter available for up to one year for up to 15 men going through recovery, offered in partnership with the Matt Talbot Center.*

Temporary COVID-19 Restrictions | *Community lunch is prepared in to-go boxes.*

Jewish Family Service

Website | <http://jfsseattle.org>
Phone | (206) 461-3240
Address | 1601 16th Ave., Seattle
Hours | Mon. – Fri., 9 a.m. – 5 p.m.; Food Bank: Mon., 5:30 p.m. 7:30, Wed., Fri., 10 a.m. – noon., Thurs., 2 – 4 p.m.

Description | *Assistance for Jewish community and general community impacted by trauma, poverty and disability. Provides program to support survivors of domestic violence, including safety planning, legal, housing, financial assistance and support groups. Also offers counseling program focused on healing for people with mental health challenges, addiction, past or current trauma. Also offers services for older adults and family caregivers, refugees and immigrants. Some utility assistance as well. Operates a food bank offering Kosher options. Serves people of all backgrounds regardless of zip code. Documents required: ID. No fees.*

Temporary COVID-19 Restrictions | *No walk up services due to COVID. Food bank is still offering walk up services with pre-bagged items rather than browsing in person. We have fully transitioned counseling to offer remote support and telehealth over Zoom.*

Lifelong

Website | <http://lifelong.org/csb-homebound-senior>
Phone | (206) 957-1600
Address | 1016 E Pike St., 3rd Floor, Seattle
Hours | Mon. – Fri., 8:30 a.m. – 5 p.m.

Description | *Delivers free meals to all homebound seniors. Also serves homeless, or low income people living with HIV and other life-challenging illnesses, like cancer, Parkinson's Disease, other serious illnesses. Provides wrap around services, advocacy, case management, housing assistance, food assistance, financial assistance, health resources. Call for information and applications. Delivers meals to people coming home from a hospital, nursing home, inpatient facility. No fees.*

Temporary COVID-19 Restrictions |

LIHEAP and PSE Energy Bill Assistance, Shoreline

Website | <http://hopelink.org/location/shoreline-food-bank-and-emergency-services>
Phone | (206) 440-7300
Address | 17837 Aurora Ave. N
Hours | Mon. – Fri. 8:30 a.m. – 5 p.m.; Food Bank Hours: Mon., 1 – 4 p.m., Tue., 10 a.m. – 2 p.m., Wed., 1 – 7:30 p.m., Thu., 10 a.m. – 2 p.m.

Description | *Food bank and financial assistance for energy bills once per energy season. Identification, social security, and related financial documents required. Call or visit website for eligibility requirements and to schedule an appointment. No fees.*

Temporary COVID-19 Restrictions | *In-person financial assistance unavailable, call only. Current food bank hours: Tues., 12 – 4 p.m., Wed. 3 – 7 p.m., Thurs., 10 a.m. – 2 p.m. No documentation required.*

Muslim Housing Services

Website	http://muslim-housing.org
Phone	(206) 723-1712
Address	6727 Rainier Ave. S Seattle
Hours	Mon., Tues., 10a.m. – 6p.m.; Wed., Thurs., 10a.m. – 5p.m.; Fri., 10 a.m. – 12:30p.m. and 1:30 – 6 p.m.
Description	<i>Case management, homelessness prevention, transitional housing and rental assistance. Also offers food distribution, ESL for Arabic-speaking clients, furniture and household donations, school supplies, diaper distribution and youth soccer program. Serves refugees and second migration immigrants from East Africa, the Middle East, and other parts of Africa. Staff speaks multiple languages. Call for eligibility, application, and fee information. Services except food require ID and Social Security number to qualify.</i>
Temporary COVID-19 Restrictions	<i>Masks required. Must maintain social distancing.</i>

Neighborcare Midwifery

Website	http://neighborcare.org/midwifery
Phone	Appointments: (206) 548-5710
Address	Many locations around Seattle, see website for information.
Hours	See website or call for information.
Description	<i>Pregnancy and midwifery services serving pregnant people. WIC food assistance available through partners at some locations. (Neighborcare offers primary medical care, social work services and behavioral health services serving everyone.) Call for appointment. Sliding scale fee. Accepts Medicare, Apple Health (Medicaid) and most health insurance plans</i>
Temporary COVID-19 Restrictions	<i>Offering appointments by phone and in-person, COVID testing, and soon will be offering COVID vaccines for eligible Neighborcare Health patients. More information at https://neighborcare.org/covid</i>

North Helpline Bitter Lake

Website	http://northhelpline.org
Phone	(206) 367-3477
Address	13000 Linden Ave. N, Seattle
Hours	Food Bank Sat. 10 a.m. – 1 p.m.
Description	<i>Food pantry, including commodities for those experiencing homelessness. Neighboring residents may visit once per week. Homeless clients can receive one no cook bag per day. Visit in person. No fees. Serves zip codes 98115, 98125, 98133, 98155, 98177, 98011, and 98028.</i>
Temporary COVID-19 Restrictions	<i>Due to COVID-19, office is temporarily closed and no daily lunch service.</i>

North Helpline Lake City

Website	http://www.northhelpline.org
Phone	(206) 367-3477
Address	12736 33rd Ave. NE, Seattle
Hours	Food bank Wed. 10 a.m. – 1 p.m., Thurs. 4:30 p.m. – 6:30 p.m., and Sat. 10

Description | a.m. - 1 p.m.
Services include food banks, hygiene supplies, baby cupboard, referral services, mail services, winter time services, tenant education, financial assistance for eviction and utility shut off prevention (206) 365-8043, and free health clinic. Food bank and emergency service center for homeless or residents who reside in 98125, 98133, 98177, 98155, 98115, 98011 and 98028. Homeless clients can receive one no cook bag per day. Visit in person. No fees.

Temporary COVID-19 Restrictions | *Due to COVID-19, office is temporarily closed and no daily lunch service.*

Northwest Harvest, SODO Community Market

Website | <http://northwestharvest.org/our-work/community-programs/sodo-community-market>

Phone | (206) 625-0755

Address | 1915 4th Ave. S. Seattle

Hours | Mon. 1:30 – 7:30 p.m., Wed. 8 a.m. – 2 p.m., Fri. 8 a.m. – 2 p.m.

Description | *Food bank services. No ID, no proof of income, and no residency information is required to shop with us. Clients may visit once per day. Visit in person. Baby cupboard serves families with children 5 and younger. No fees.*

Temporary COVID-19 Restrictions | *Due to COVID, premade grocery bags are handed out for curbside pick-up, no inside shopping. Request sandwiches for non-cooking food.*

Phinney Ridge Lutheran Church - Direct Assistance and Food Bank

Website | <http://prlc.org/serve>

Phone | (206) 783-2350

Address | 7500 Greenwood Ave. N, Seattle

Hours | Mon. – Fri. 9 a.m. – 5 p.m. Food bank: Tues. 1:15 – 3 p.m., Wed. 6:15 – 8 p.m.

Description | *Direct financial assistance for individuals or families in need of help including help with rent, a utility bill, or gasoline for a car. There are guidelines to determine the amount and frequency of assistance. Food Bank is open to all without any zip code restrictions. If you can come, you will be served. Just bring an ID, and come to the doors of the food bank at the NW corner of the church (N 76th and Greenwood Ave N.). Food for a variety of different needs including low sodium diets, baby items, ready to eat “no-cook” food, pet food, as well as toiletry supplies as available.*

Temporary COVID-19 Restrictions |

Pike Market Food Bank

Website | <http://pmsc-fb.org/food-bank>

Phone | (206) 626-6462

Address | 1531 Western Ave. (Level P5 of Pike Place Market parking garage) Seattle

Hours | Tues., Thurs. 9:30 a.m. – 3 p.m.; Wed. 3 p.m. – 7 p.m.

Description | *Serves residents of all ages in the 98101, 98104, or 98121 zip codes, and people who are homeless living in downtown Seattle. Groceries available once per week. Bring ID (if you have it, ID is not a requirement), and a grocery bag if you have it (we have paper ones if you don't). Notify staff/volunteers if you have mobility issues and cannot stand in line. Visit in person. No fees.*

Temporary COVID-19 Restrictions |

Pike Market Senior Center

Website	http://pmsc-fb.org/social-services
Phone	(206) 728-2773
Address	85 Pike St. #200 Seattle
Hours	Mon. – Fri., 8 a.m. – 4 p.m., Sat. – Sun. 8 a.m. – 1 p.m.; Meals served daily Breakfast 8:15 – 9 a.m.; Lunch 12 noon – 1 p.m.
Description	<i>Services, activities, and support to promote healthier, more self-sufficient, and fulfilling lives. Services and activities for people age 55 and up. Breakfasts and hot lunches served daily. Support for clients to find shelter and housing, access medical care, and to connect seniors with assistance programs like social security and food stamps. Services available in Spanish and Tagalog. Call or visit in person.</i>
Temporary COVID-19 Restrictions	<i>Due to the Covid-19 pandemic, all meals are served to go, limited physically-spaced seating, and restrooms are open to help members maintain hygiene, all activities have moved online or have been suspended.</i>

Providence Regina House

Website	http://www.providence.org/locations/wa/regina-house
Phone	(206) 763-9204
Address	8201 10th Ave. S Seattle
Hours	Food pantry: Thurs., 12:30 – 2 p.m.; Sat., 9 a.m. – noon; Baby cupboard: First Saturday, 9 a.m. – noon
Description	<i>Weekly food and clothing bank at South Park Neighborhood Center Food pantry. May visit every week. Serves those who are homeless or in ZIP codes 98108, 98148, 98168 and 98188. Documents required: ID and proof of current address. No fees.</i>
Temporary COVID-19 Restrictions	

Queen Anne Food Bank

Website	http://sacredheartseattle.org/qafb
Phone	(206) 216-4102
Address	232 Warren Ave. N, Suite B, Seattle
Hours	Meals: Mon. – Fri., 8:30 – 11:30 a.m.; Food Pantry: Thurs., 2 – 4 p.m.
Description	<i>Meals, sack lunches and a food pantry for those in ZIP codes 98101, 98109, 98119, 98121. Visit in person. Food pantry documents required: picture ID and proof of address. No fees. Meal program serves everyone.</i>
Temporary COVID-19 Restrictions	

Queen Anne Helpline

Website	http://queenannehelpline.org
Phone	(206)282-1540
Address	311 W McGraw St., Seattle
Hours	Call: 9 a.m. – 4 p.m.; Client Hours: Mon., Tues., Thurs., 10 a.m. – 3 p.m.; Financial or Food Assistance Appointments: Mon., Tue., Thurs., 10 a.m. – 3 p.m.
Description	<i>Adult clothing available once every 30 days. Call for an appointment. No fees. Financial assistance for rent and utility bills for those living within ZIP codes</i>

98109, 98119 and 98199 only that are low-income and/or have proof of hardship. Additional services include food bank, bus tickets and resources. Call for an appointment and more details. No fees.

Temporary COVID-19 Restrictions | *No in-person appointments. Must call organization for pick-ups. Mon.- Thurs. 11 a.m. - 4 p.m.*

Rainier Valley Food Bank

Website | <http://rvfb.org>

Phone | (206) 723-4105

Address | 4205 Rainier Ave. S Seattle

Hours | Food Pantry: Wed., Sat., 9:30 a.m. - 2 p.m.; No-cook bags: Tues. - Sat., 9:30 a.m. - 2 p.m.

Description | *Food bank and home delivery services serving most of 98118, 98122, 98144, 98178. Call for information. Documents Required: photo ID. No fees. Mission is to nourish with good food, empower with knowledge, and serve with compassion. Offers help finding and applying for benefits such as SNAP, housing, clothing, transportation, and healthcare.*

Temporary COVID-19 Restrictions | *Temporary hold on distribution. Waitlist for food delivery. Call or visit website to schedule.*

Real Change

Website | <http://realchangenews.org/about>

Phone | (206) 441-3247

Address | 96 S Main St. Seattle

Hours | Tues. 8:30 a.m. - 12 p.m., Wed. and Fri. 8:30 a.m. - 2 p.m.

Description | *Immediate low-barrier work opportunity for all, earning income by selling the weekly newspaper. No ID required. Provides access to services for participants of work program including case management, food assistance, referrals, medical and veterinary care, mailboxes, computer lab, and more. Creates and distributes this guidebook. Also available online at www.emeraldcityresourceguide.org*

Temporary COVID-19 Restrictions | *Current COVID Business Hours: Tues. 8:30 a.m. - 12 p.m., Wed. and Fri. 8:30 a.m. - 2 p.m. Closed all other days. Currently, due to the pandemic, committee activity is paused.*

Salvation Army, Central Seattle Food Pantry

Website | <http://seattle.salvationarmy.org>

Phone | (206) 447-9944

Address | 1101 Pike St. Seattle

Hours | Tues., 11:30 a.m., 1 - 3 p.m.m Wed., 9 - 11:30 a.m., 1 - 3 p.m., Thurs., 1 - 5:45 p.m., Fri., 9 - 11:30 a.m.

Description | *Many locations for food bags. See website for specific details on location, time and requirements. Documents required: photo ID for adults, Apple Health (Medicaid) cards or birth certificates for children under age 18 and proof of address. No fees.*

Temporary COVID-19 Restrictions |

Salvation Army, White Center

Website | <http://seattlewhitecenter.salvationarmy.org>

Phone | (206) 767-3150 x 458

Address | 9050 16th Ave. SW Seattle

Hours | Mon.–Fri., 8 a.m. – 5 p.m.

Description | *Grocery bags. See website for specific details on location, time and requirements. No Documents required for food assistance. No fees.*

Temporary COVID-19 Restrictions | *Masks required.*

Seattle Dogs Homeless Program

Website | <http://seattledogs.info>

Phone | (206) 519-1697

Hours |

Description | *A non profit street outreach program that helps owners living in homelessness in Seattle with their pets. Services include pet food and supplies, Emergency Vet Care, spay and neuter, boarding, rescue. Owners must be homeless in the city of Seattle. Provides care by providing quality food, supplies and vet care. Also offers boarding for dogs thru a local facility, contingent on space, for owners who need drug treatment, are hospitalized or go to school or work.*

Temporary COVID-19 Restrictions |

Seattle Humane

Website | <http://seattlehumane.org>

Phone | (425) 641-0080

Address | 13212 SE Eastgate Way, Bellevue

Hours | Sun. - Wed., 11 a.m. - 6 p.m., Thurs. - Sat. 11 a.m. - 8 p.m.

Description | *Pet food bank. Low cost or free services including check ups, spay and neuter services, and nail clipping. Sliding scale costs. Pet owner assistance program for financial assistance for pet owners.*

Temporary COVID-19 Restrictions | *Curbside pick-up and drop-off for all services.*

Seattle Indian Center

Website	http://seattleindiancenter.org
Phone	(206) 329-8700; admin@seattleindian.org
Address	1265 S Main St., No. 105, Seattle
Hours	Day center: Mon. – Fri., 9:30 a.m. – 5:30 p.m.; Breakfast: Mon. – Fri., 9 – 10 a.m.; Lunch: Mon. – Fri., noon – 1 p.m.; Food bank: Tues., Thurs., 1 – 3 p.m.; Men's hostel intake: 7 days a week, 7 – 10 p.m.
Description	<i>Seattle Indian Center responds to the community's needs, including American Indians/Alaska Natives. Multi-service center with advocacy and support services, shelter, a day center with shower and laundry facilities, a food pantry and meal program, a mailing address, employment search services. Men's Hostel: must be alcohol and drug free and able to pay \$15 nightly for men 18 and older; intake in person. Documents required for food pantry and hostel: photo ID. Shelter referrals.</i>
Temporary COVID-19 Restrictions	<i>Closed briefly at noon for sanitation. Men's hostel intake: Mon. – Fri. 7 p.m. - 7 a.m.</i>

Seattle Indian Center - Tillie's Safehouse

Website	http://seattleindiancenter.org/programs
Phone	office (206) 329-8700; admin@seattleindian.org
Address	1265 S Main St., No. 105, Seattle
Hours	
Description	<i>Seattle Indian Center - Tillie's Safe House provides emergency short-term housing for clients who have experienced domestic violence. Through Tillie's, ensures human trafficking victims and survivors are removed from immediate danger and take a first step on the path toward healing. Seattle Indian Center mission - responding to the community's needs in education, employment, housing, hygiene, food and other emergency services to ALL people in need, including American Indians/Alaska Natives.</i>
Temporary COVID-19 Restrictions	

Seattle Public Library, Central Branch, Social Services & Help for Those in Need

Website	https://www.spl.org/programs-and-services/civics-and-social-services/social-services-referrals
Phone	(206) 386-4636
Address	1000 Fourth Ave Seattle
Hours	Mon. – Thurs., 10 a.m. – 8 p.m., Fri., Sat., 10 a.m. – 6 p.m., Sun., noon – 6 p.m.
Description	<i>Service provides information and referrals to fit your need. Specializing in services for the insecurely housed. The Community Resource Specialist can help you find shelter, mental health counseling, job training, food assistance, legal help, domestic violence support, medical help, and much more. Also offers to loan Wi-Fi hotspots and books to those living in encampments. Hotspots can be reserved online by any borrower, but the Library sets aside hotspots specifically for homeless communities to use and share. Periodically visits encampments and shelters to distribute hotspots.</i>
Temporary COVID-19 Restrictions	<i>Due to COVID all library branches are closed, you can call for information about curb side book pick up in multiple languages (206)386-4636, or see web page www.spl.org/Curbside. Online resources are still available. The Seattle Public Library is providing restroom access at some Library buildings to support insecurely housed and homeless patrons lacking restroom options during the COVID-19 pandemic. Check the status of Library services Monday - Sunday 10 a.m. - 6 p.m. Multi-stall single-gender restrooms - level 1</i>

Seattle's Union Gospel Mission, Third Ave.

Website	http://ugm.org/what-we-do/provide-and-serve
Phone	(206) 621-7695; Day Center: English: (206) 622-5177; Spanish: (206) 622-5177 x 473; Substance Abuse Treatment for Men: English: (206) 622-5177 x 458; Spanish: (206) 622-5177 x 473
Address	205 Third Ave.
Hours	Mon. – Fri., 10 a.m. – 2 p.m.
Description	<i>Dental services serving adults 18 and older with income at or below 200 percent of the Federal Poverty Level. Call for an appointment. Documents required: Photo ID, food stamp award letter or documentation of income for the last two months. Fees are \$20 per visit, debit or credit only. Call for more information.</i>

Temporary COVID-19 Restrictions |

Solid Ground

Website	http://solid-ground.org/get-help
Phone	DSHS Benefits Help: (206) 694-6742 Tenant Info Hotline: (206) 694-6767
Address	1501 N 45th St., Seattle
Hours	DSHS/state benefits assistance: 24-hour line Tenant services: Mon., Thurs., 10:30 a.m. – 1:30 p.m.
Description	<i>Legal services to help clients obtain and retain public benefits like SNAP food stamp/EBT, Medicaid/health insurance, cash assistance, and more. Provides information and referral for tenants facing eviction or struggling with other rental issues. Serves low-income residents of King County. No restrictions for advice and referrals. No fees.</i>

Temporary COVID-19 Restrictions |

Sound Generations

Website	http://soundgenerations.org
Phone	(206) 448-3110. or 1(888) 435-3377
Address	2208 Second Avenue, Suite 100 Seattle WA 98121-2055
Hours	Monday – Friday, 9 a.m. – 5 p.m.
Description	<i>Connects older adults, adults with disabilities, and caregivers to community resources such as meal delivery (Meals on Wheels), Hyde Shuttle transportation, programs for health/wellness, in-home services and support, housing resources, legal assistance, Medicare/Medicaid, food services/nutrition, health/wellness, employment resources, counseling services, home maintenance and ADA modifications. Largest provider of services for aging adults and their loved ones in King County. Committed to helping everyone, low income communities and people of color. Works to ensure people feel included and respected in a community that affirms aging.</i>

Temporary COVID-19 Restrictions | *COVID concerns are provided information.*

St. Luke's Episcopal Church

Website	http://stlukesseattle.org/serve/meals-ministry
Phone	(206) 784-3119
Address	5710 22nd Ave. NW

Hours | Sept - May: Mon. – Fri., 7am -10 a.m.; June - Aug., Mon. -Fri., 7 – 9 a.m.
Description | *Light breakfast and food bags serving everyone. Visit in person. No fees.*

Temporary COVID-19 Restrictions |

St . Vincent de Paul, Fourth Ave. S.

Website | <http://svdpseattle.org>
Phone | (206) 767-9975 x 1127
Address | 5972 Fourth Ave. S, Seattle
Hours | Drop-in: Tues., Thurs., Sat. 11 a.m. – 2 p.m., everyone; Fri. 11 a.m. – 2 p.m., homeless clients only
Description | *Food bank will collect mail. Clients must first register with the food bank. Mail can only be held for up to one month. Serves homeless clients without a mailing address. Community Connector services (assistance to get an identification card/ID, housing assistance, healthcare, job readiness, education, utilities help, other benefit areas. No fees. The outreach volunteer team offers RV (Recreational Vehicle) residents a connection for services disposing of their wastewater/toilet through a new City program.*

Temporary COVID-19 Restrictions |

St. Vincent de Paul, Georgetown Food Bank

Website | <http://svdpseattle.org>
Phone | (206) 767-6449
Address | 5972 Fourth Ave. S, Seattle
Hours | Tues., Thurs., Fri, 11 a.m. – 2 p.m.
Description | *Food bank and offers Community Connectors to secure information about housing assistance, help with utilities, health care, job readiness, education and other benefit and help to apply. Also has a special FACES program (Food, Assistance, Compassion & Emergency Services) every Friday that serves neighbors experiencing homelessness. See food bank intake staff for details on availability. Visit in person. No fees. T-FAP Commodities available to residents of ZIP codes 98108, 98118, 98134, 98168 and 98188 with valid ID. No restrictions for food and other services. Periodically offer free flu vaccinations, blood pressure checks and other health assessments.*

Temporary COVID-19 Restrictions |

Transform Burien

Website | <http://transformoutreach.org>
Phone | (206) 839-6620
Address | 15623 Des Moines Memorial Drive Burien, WA Laundry: 15006 Ambaum Blvd. SW Burien, WA
Hours | Clothing Sun. 3 – 5 and Wed. 12 – 2 p.m.; Food Bank and Hot Meal Sun. 3 – 5 p.m.; Showers Wed. 11 a.m. – 2 p.m.; Laundry at other location Fri. 9:30 – 11 a.m.
Description | *Transform Burien provides free food, clothing, laundry, and more. Shower truck and towels, clean underwear, shampoo and soap are provided. Showers have a 15 minute limit. Laundry located at listed address, volunteers will put quarters into the machines for those in need to do their laundry. Detergent, bleach, and dryer sheets are provided. Also provides a medical and dental van twice a month.*

Temporary COVID-19 Restrictions | *Do to the COVID-19 We are handing out sack lunches at the door.*

Tukwila Pantry

Website | <http://tukwilapantry.org>
Phone | (206) 431-8293
Address | Riverton Park United Methodist, 3118 S 140th St. Tukwila
Hours | Food Pantry: Tues., Thurs., Sat., 12:30 – 2:30 p.m.; Meal: Thur., 5:30 – 6:30 p.m.

Description | *Operates a food pantry program for residents of Tukwila, SeaTac, Burien and Boulevard Park. No fees. First-time registrants and clients returning for their first visit of the new year must bring confirmation of address. Don't require proof of income. Proof of address and identification can be a utility bill, lease, ID.*

Temporary COVID-19 Restrictions | *Current restricted hours are: Tues., Thurs., Sat., 10:00 – 2:30. Drive through or walk up. All outside.*

United Way - Food Delivery

Website | <http://uwkc.org/need-help/food-delivery>
Phone | (253) 237-2019; foodelivery@uwkc.org
Address | 720 Second Avenue Seattle

Hours |
Description | *United Way of King County is offering free, weekly home delivery of groceries. This a free service available to anyone in King County who is unable to afford groceries and cannot access their local food bank. You can participate in this program regardless of your citizenship or immigration status. No information about citizenship status is collected during enrollment. Apply online, or phone, or email. To participate in this program, you must: Live in King County, Washington; Be unable to access your local food bank in person; Be unable to afford groceries. May be a wait list; If you need immediate assistance with getting food, please call 2-1-1.*

Temporary COVID-19 Restrictions |

United Way - Student Benefits Hub

Website | <http://uwkc.org/benefitshub>
Phone | (206) 649-8124; benefitshub@uwkc.org
Address | 720 Second Ave Seattle
Hours | Mon. - Fri., 9 a.m. - 5 p.m.

Description | *Program for King County community or technical college students to help with everyday financial tools to keep you in school. Services include help paying for groceries, Utility bill assistance, Access to food, Paying for the bus, Financial coaching, Financial aid application assistance, Emergency financial grants, help with taxes, help with legal services, Housing supports, and more. Schedule an appointment online, or for more information phone or email.*

Temporary COVID-19 Restrictions |

University District Food Bank

Website	http://udistrictfoodbank.org/services
Phone	(206) 523-7060
Address	5017 Roosevelt Way NE Seattle
Hours	Mon. 9 a.m. – 3 p.m.; Tues. and Thurs. 2 – 8 p.m.; Fri. 11 a.m. – 4 p.m.
Description	<i>Food pantry, baby cupboard and home delivery. Visit once a week. Serves residents in ZIP codes 98102, 98103, 98105, 98112, 98115 and 98125 as well as anyone who is homeless. Visit in person. Call for home delivery. Documents required: photo ID and proof of address. No fees. Offers fresh fruits and vegetables, dairy, frozen meat, canned and dried goods, toiletries, baby formula, diapers, and pet food plus connections to important community resources.</i>

Temporary COVID-19 Restrictions |

Washington state's Basic Food program- King County

Website	http://kingcounty.gov/depts/health/locations/health-insurance/access-and-outreach/basic-food-program.aspx
Phone	1-800-756-5437
Address	Public Health — Seattle & King County 401 5th Ave., Suite 1000 Seattle
Hours	Mon. – Fri. 9a.m. – 5 p.m.
Description	<i>Basic Food is a food and nutrition program for individuals and families who meet the low income guideline, to afford healthier foods by providing monthly benefits to buy food. Basic Food will also qualify you for Free or Reduced School Meals for your child.</i>

Temporary COVID-19 Restrictions |

West Seattle Food Bank

Website	http://westseattlefoodbank.org
Phone	(206) 932-9023
Address	3419 SW Morgan St. Seattle
Hours	General public: Tues., 9 a.m. – 1 p.m.; Wed., 10 a.m. – 3 p.m.; Thurs., 9 a.m. – 2 p.m.; Fri., 10 a.m. – 2 p.m.
Description	<i>Operates a food pantry, baby cupboard and home delivery. May visit food pantry once per week. Serves those that are homeless or ZIP codes 98106, 98116, 98126 and 98136. Visit in person. Arrive early to get a number. Documents required: photo ID and proof of address (unless homeless). No fees.</i>

Temporary COVID-19 Restrictions |

West Seattle Helpline Clothesline

Website | <http://westseattlefoodbank.org/clothesline>
Phone | (206) 932-4357
Address | 4401 42nd Ave. SW Seattle
Hours | Tues. and Thurs., and the first Sat. of each month from 10 a.m. – 1 p.m.
Description | *Free all ages clothing bank. No zip code requirements. Clients can shop once every three months for entire household. Preference is call to make an appointment. Walk-ins allowed if necessary.*

Temporary COVID-19 Restrictions |

White Center Food Bank

Website | <http://whitecenterfoodbank.org/service-hours>
Phone | (206) 762-2848
Address | 10829 Eighth Ave. SW Seattle
Hours | Mon., noon – 3:45 p.m.; Wed. and Fri., 10 a.m. – 1:45 p.m.; Seniors 60 and older: Thurs., 10 a.m. – 1:45 p.m.
Description | *Food pantry, food bags, baby supplies and food delivery. Food bags for everyone, pantry serves ZIP code 98146, as well as parts of 98106, 98126, 98136 and 98168. Call to confirm geographic eligibility. Visit in person. Home-bound clients can call. Documents Required: photo ID and proof of address. No fees.*

Temporary COVID-19 Restrictions |

Youth Care - Orion Center

Website | <http://youthcare.org/get-help>
Phone | (206) 622-5555
Address | 1828 Yale Avenue Seattle
Hours | Open hours during the day: Breakfast: Mon – Fri 8:30 – 9:00 a.m., Lunch: Mon – Fri 12:30 – 1:00 p.m., Dinner: Mon – Fri 6 – 6:30 p.m. (there is no dinner on Tuesdays), Brunch: Sat 11:00 a.m. – 1:00 p.m. Drop-in: Mon – Fri 3:30 – 6:30 p.m. (there is no drop-in on Tuesdays); Sat 11:00 a.m. – 1:00 p.m. Overnight shelter is open every night from 8:00 p.m. – 7:30 a.m. Call (206)482-9734 to get in touch.
Description | *Provides overnight shelter, ages 18-24. Call (206) 482-9734 to get in touch. Also a Day Drop In Center all ages up to 24. Provides meals, computers, laundry, showers, clothing, medical care, pet food, lockers, case management, overnight shelter, ID's (getting Identification Cards), legal aid, education, employment, connection to housing. YouthCare works to end youth homelessness, to ensure that young people are valued for who they are, empowered to achieve their potential, envisions a community where no young person experiences homelessness, all young people have the opportunity to thrive, and systems that oppress them are dismantled.*

Temporary COVID-19 Restrictions |

Youth Care - South Seattle Shelter

Website	http://youthcare.org/get-help
Phone	(206) 465-7436
Address	3722 S Hudson St Seattle
Hours	Open hours during the day: Breakfast: Mon – Fri 7:45 a.m. – 8:30 a.m., Morning services: Mon – Fri 10:00 a.m. – 1:00 p.m., Afternoon services: Tues and Thurs 3:30 p.m. – 6:30 p.m., Overnight shelter is open every night from 8:00 p.m. – 8:30 a.m.
Description	<i>YouthCare's South Seattle Shelter provides an overnight shelter every night 8 p.m. – 8:30 a.m. Serves all ages up to 24. Provides meals, computers, laundry, showers, clothing, medical care, pet food, lockers, case management, overnight shelter, ID's (getting Identification Cards), legal aid, programs for education, employment, connection to housing. YouthCare works to end youth homelessness, to ensure that young people are valued for who they are, empowered to achieve their potential, envisions a community where no young person experiences homelessness, have the opportunity to thrive, and the systems that oppress them are dismantled.</i>

Temporary COVID-19 Restrictions |

YWCA - Central Area Food Bank

Website	http://ywcaworks.org/programs/central-area-food-bank
Phone	mboyce@ywcaworks.org
Address	2820 E Cherry St. Seattle
Hours	Wed. 12 noon - 3 p.m.
Description	<i>Distributes free food and groceries weekly to residents in YWCA emergency shelter and transitional housing, as well as low-income families from the community 2 - 3 p.m.</i>

Temporary COVID-19 Restrictions | *Due to the current COVID-19 restrictions, we have temporarily moved to home delivery only. Fill out online form and email mboyce@ywcaworks.org*

YWCA - Central Family Emergency Housing

Website	http://ywcaworks.org/programs/central-family-emergency-housing
Phone	(206) 819-9988
Address	2820 E Cherry St. Seattle
Hours	
Description	<i>offers culturally appropriate services to homeless families of color, including emergency housing at two enhanced shelters, and other shelter and transitional units. On-site after school program, domestic violence support and advocacy, chemical dependency and mental health services, nurse services, a food bank, teen group and life skills workshops.</i>

Temporary COVID-19 Restrictions | *Due to Covid, remains open, with limitations around on-site staff, visitors, and volunteers.*

LOG IN